



Eiger E-MTB Loop

From the glaciers to Lake Brienz by E-Bike



EXPLORE THE JUNGFRAU REGION IN THREE DAYS

This round tour by e-bike takes you from the mountain and glacier world of the famous Eiger, Mönch and Jungfrau trio to the crystal clear Lake of Brienz and back to Grindelwald.

The tour starts and ends in Grindelwald, at the foot of the mighty Eiger with its notorious North Face. The route runs continuously on nice, well signposted bike paths. Battery charging stations are available at various locations along the route. However, depending on the battery power, we recommend carrying a spare battery in your daypack.

[Book at jungfrauregion.swiss/eiger-loop](http://jungfrauregion.swiss/eiger-loop)

Services:

3 nights incl. breakfast in a double room in Grindelwald, Mürren and Meiringen

3 dinners

3 luggage transfers (Grindelwald-Mürren, Mürren-Meiringen, Meiringen-Grindelwald)

3 days E-Bike rental

Validity: mid-June until mid-October

Start: daily

Price per person: CHF 780

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1ST DAY: Grindelwald – Mürren

Easy Tour:  30 km  1200 m  600 m

Medium Tour:  35 km  2100 m  1500 m

The tour starts with a longer ascent of around 1100 metres on an asphalted, car-free little road to Kleine Scheidegg. You can charge your battery here. The signposted bike route No. 1 continues via Wengen into the Lauterbrunnen Valley. We recommend a short stop at the Staubbach Falls: the landmark of Lauterbrunnen. The second ascent to Mürren begins in Lauterbrunnen. The charming mountain village at the foot of the Schilthorn offers stunning views of Eiger, Mönch and Jungfrau.

2ND DAY: Mürren – Meiringen

Facts:  60 km  800 m  1800 m

From Mürren you continue along small and partly steep asphalt and alpine paths, via Gimmelwald to Stechelberg. Now you can let your wheels roll and ride down the Lauterbrunnen Valley. After Lauterbrunnen you can choose to ride on the right side of the river on forest paths or on the left side on the main road. From Zweilütschinen, the bike path on the right of Lütschine river leads to Wilderswil, through Interlaken and to the northern shore of Lake Brienz. From here bike trail 451 leads to the village of Brienz. On the right side of Aare river, the last few kilometres on cycle path No. 8 are a pleasant way to round off a long day.

3RD DAY: Meiringen – Grindelwald

Facts:  30 km  1500 m  1050 m

Also on the last day of the tour, you're riding on Alpine Bike route No. 1. Right after the first meters of altitude difference, you're granted the first attraction of the day: the legendary Reichenbach Falls. After the next 400 meters of altitude, you reach the remote Reichenbach valley. The spectacular glacier gorge can be visited on foot. A little further up, at Chalet Hotel Schwarzwaldalp, you can charge your battery again. The tour now leads up to Grosse Scheidegg and on towards Grindelwald-First. From here it's time for the last rapid descent to Grindelwald.